

EricStewart
SMART
GUIDE

Senior Living in Style



A Senior Living Communities Guide

Maryland, Virginia, and Washington, DC

EricStewart
GROUP
of Long & Foster Real Estate

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A NOTE FROM ERIC STEWART



Dear Senior,

Here is your copy of **"Senior Living in Style: A Senior Living Communities Guide."** I hope you find it useful as you start to think about transitioning to a new living community.

Included in this guide are communities across the Washington, DC metro area. There are a number of criteria you should consider before making a final decision on which community is ideal for you. These include on-site amenities, quality of staff, resident programming, food service, and the facility itself.

You should also evaluate the difference in living costs prior to making a move. I have provided a helpful worksheet to help you think through this.

Many people make the mistake of waiting until change is forced upon them. Don't fall into this trap. Take action and decide to change your life on your own terms.

If you plan on selling your current residence in the next one to two years, let us personally assist you! Call 1-866-AGING WELL for additional coaching and a complimentary market evaluation of your current home. It's never too early to start opening the door to an exciting new season of life.

A handwritten signature in black ink that reads "Eric Stewart". The signature is written in a cursive, flowing style.

Eric Stewart

AFFORDING A MOVE

Whether you decide to buy another home, move into an apartment, or move to a continuing care retirement community, you need to evaluate the difference in living costs prior to making the move. Here is a worksheet to help you think through this transition.

HOUSING COSTS	CURRENT COMMUNITY	
Mortgage payments/rent	\$ _____	\$ _____
Real estate taxes	\$ _____	\$ _____
Homeowners/renters insurance	\$ _____	\$ _____
Condo or neighborhood maintenance fee	\$ _____	\$ _____
All utilities (electricity, A/C, local phone service, heat, water, sewer, trash pick-up)	\$ _____	\$ _____
Cable TV	\$ _____	\$ _____
Lawn care/landscaping	\$ _____	\$ _____
Weekly housekeeping	\$ _____	\$ _____
Appliance maintenance or replacement.		
All major maintenance (roofs, plumbing, window cleaning, gutters, painting, etc.)	\$ _____	\$ _____
Building security	\$ _____	\$ _____
Pest control services	\$ _____	\$ _____

SERVICES & AMENITIES	CURRENT COMMUNITY	
Local transportation	\$ _____	\$ _____
Convenient dining options	\$ _____	\$ _____
Wi-Fi (wireless Internet)	\$ _____	\$ _____

PEACE OF MIND	CURRENT COMMUNITY	
Fitness and wellness programs	\$ _____	\$ _____
24-hour emergency medical response	\$ _____	\$ _____
Fire alarm system — sprinklers, smoke alarms, security	\$ _____	\$ _____
Social, cultural, educational, recreational and spiritual activities	\$ _____	\$ _____

RELOCATING VS. AGING IN PLACE

Not long ago I found an excellent acronym to use to help you decide if where you live is meeting your needs. Consider these five factors to help you decide. You need to have **PEACE** to stay put:

Proximity refers to how close the home is to stores, doctors, family and friends, and whether you have transportation available. Living close to your support network makes it easier to get what you need and want. A community where these features are close is a great benefit.

Expense refers to the costs involved in staying or leaving. Property taxes and the cost of heating, cooling, and maintaining a single family home can be weighed against the costs of moving to a new home.

Accessibility refers to how well you can get in and out of your home, and move around inside. Will climbing stairs be a problem? If you need a wheelchair, can it get through all the hallways and doorways?

Comfort is the extent to which a place gives you a sense of security, peace of mind and identity.

Ease: How easy is it for you to accomplish daily activities in your home?

Based on material from: "Living & Thriving in Montgomery County" MCG

You may be quite content to stay put. If none of the above factors is an issue, you're probably fine to stay where you are. Otherwise, it's time to consider moving.

Many people make the mistake of waiting until change is forced on them. Don't fall into this trap. Take action and decide to change your life on your own terms. Assuming you decide to make a move, let's consider your options.

CHOOSING YOUR TARGET LOCATION

One of the most important things to figure out if you decide to move is what type of new home will fit you best. There are five basic categories of rightsizing lifestyles you can choose between, depending on your needs.

BUYING

If you feel you're too young for a retirement community, but don't want the hassle of maintaining your home, selling and buying a condo in a more vibrant part of town can be a great a great way to lower costs, enjoy more of life, and be closer to the action of an urban setting. This is a great option if you have a longer time-line. Go to [EricStewartGroup.com](https://ericstewartgroup.com) or call us to find a vetted buyer's agent to help you do this.

RENTING AT A COMMUNITY

Some retirement communities offer options to simply rent an apartment at the retirement community, which gives you a lot of flexibility and no large up front deposit, while still getting some health benefits of a retirement community.

LIFE PLAN COMMUNITIES/CCRC

This option is the ideal long-term housing solution in that you can stay in place as your healthcare needs grow. Many communities allow you to increase the level of care you receive gradually over time depending on your needs, which allows you to remain independent for as long as possible. Often, your initial deposit is partially refundable later on.

ASSISTED LIVING

This option is for those who need more consistent care and attention for on-going medical needs. This is a great alternative to costly in-home care, and provides a high-degree of social interaction with other residents.

MULTI-GENERATIONAL HOMES

A multi-generational home is a residential property that can house three or more generations of family members. Over the last 50 years, multi-generational homes have become increasingly prevalent. According to a Pew Research Center analysis of census data, the number of Americans living in multi-generational family households is about four times larger than it was in the 1970s. In March 2021, there were 59.7 million U.S. residents who lived with multiple generations under one roof, compared with 58.4 million in 2019.

This type of living style can be economically efficient and socially uplifting. It is a way of sharing resources, costs, and care among family members. It may be time to sell your smaller home and buy a larger house that will comfortably fit all your family members. For you, rightsizing will involve expanding your living area to improve your home life. Contact the Seniors Real Estate Specialists at the Eric Stewart Group to discuss and search for current inventory of multi-generational houses on the market.

There are many benefits to living in a home with your adult children and/or elderly parents.

FINANCIAL:

- More cost-effective than having individual family members own multiple homes (especially if your parents are dependent on you for care).
- Lower utility costs per person in shared living space
- Expenses like food and maintenance can be shared by all.

COMMUNAL:

- Peace of mind: You can be assured that your parents will be taken care of.
- Familial unity and closeness through shared responsibilities and living space
- Built-in source of community and support at home.
- Discuss with your family members how you can divide up the cost of utilities and mortgage payments.
- Draw up a code of rules, by which each person agrees to abide, to prevent potential conflicts.
- Establish a schedule for the use of common areas or amenities (like the kitchen or laundry room or pool).
- Have regular meetings to address any issues that arise.

Remember, it is important to share responsibilities and expenses so no one person feels burdened by the home.

NEW DEVELOPMENTS

MARYLAND

COMMUNITY	PHONE	CITY	LIFE PLAN	INDEPENDENT	ASSISTED	MEMORY CARE
Artis Senior Living of Potomac	240.800.3563	Bethesda				•
Brandywine Living at Potomac	301.857.4628	Potomac		•	•	•
Brightview Falls Grove	240.314.7194	Rockville			•	•
Brightview Grosvenor	301.615.0119	Bethesda			•	•
Brightview West End	301.329.6099	Rockville			•	•
Brightview Woodmont	240.800.7566	Bethesda			•	•
Cadence Living Olney	301.851.6118	Olney		•	•	•
The Carnegie at Washingtonian Center	240.690.0726	Gaithersburg		•		
Eden Homes of Potomac – Rouen Lane	301.299.0090	Potomac			•	•
The Grandview	877.211.6288	Bethesda	•	•		
Harmony at Enterprise	240.329.9134	Bowie		•	•	•
Harmony at Waldorf	240.299.6101	Waldorf		•	•	•
The Leggett	301.563.3030	Silver Spring	•			
Marge's Memory Care – A Winter Growth Community	301.774.7501	Olney			•	•
Modena Reserve at Kensington	240.998.9990	Kensington		•	•	•
Monarch White Marsh	443.201.1620	White Marsh		•	•	•
The Sheridan at Severna Park	410.793.1940	Pasadena			•	•
Silverado Frederick	240.693.3070	Frederick			•	•
Sunrise of Bethesda	240.215.3345	Bethesda			•	•
The Seneca Rockville	240.615.2800	Rockville			•	•
The Sky Bridge at Town Center	240.545.8080	Largo		•	•	•
Tribute at Black Hill	410.401.5262	Germantown			•	•
Tribute at Melford	301.329.5565	Bowie			•	•
Willow Manor at Fairland	301.847.1000	Silver Spring		•		
Village Crossing at Worman's Mill	301.709.7366	Frederick			•	•
Wilshire Estates	301.246.8432	Silver Spring		•		

VIRGINIA

COMMUNITY	PHONE	CITY	LIFE PLAN	INDEPENDENT	ASSISTED	MEMORY CARE
Acclaim at Belmont Bay	571.489.7070	Woodbridge		•		
Brandywine Living at Alexandria	703.940.3300	Alexandria		•	•	•
Brightview Fair Oaks	571.495.5907	Fairfax			•	•
Brightview Innovation Center	571.786.5800	Herndon		•	•	•
Capitol Ridge Gracious Retirement Living	571.347.1843	Bristow		•		

NEW DEVELOPMENTS

VIRGINIA (continued)

COMMUNITY	PHONE	CITY	LIFE PLAN	INDEPENDENT	ASSISTED	MEMORY CARE
English Meadows Manassas Campus	844.750.9830	Manassas			•	•
Evermore Senior Living of Lake Ridge	703.249.9128	Woodbridge			•	•
The View Chantilly by Goodwin Living	703.596.8967	Chantilly		•	•	•
Harper's Station	703.596.8153	Haymarket		•	•	•
The Heights at Jackson Village	540.372.4400	Fredericksburg		•		
Heritage Village	703.397.8016	Gainesville			•	•
Hessler Heights	703.723.3870	Leesburg		•		
Hunters Woods at Trails Edge	703.429.1130	Reston		•	•	•
Lansdowne Heights Memory Care Community	703.936.7300	Leesburg				•
Legacy Ridge	571.421.6966	Gainesville				•
The Residence of Colvin Run	703.429.1130	Great Falls			•	•
Renaissance Assisted Living	703.256.2525	Annandale			•	•
Sunrise of Old Town	703.828.9128	Alexandria			•	•
Sunrise of Fairfax	703.348.1128	Fairfax			•	•
Sunrise of McLean Village	703.245.9270	McLean			•	•
Sunrise of Vienna	703.272.6397	Vienna			•	•
The Kensington – Reston	571.494.8100	Reston			•	•
The Landing	571.577.6011	Alexandria		•	•	•
The Mather	703.348.8522	McLean	•	•	•	•
The Providence	571.396.0500	Fairfax		•	•	•
Tribute at One Loudoun	703.270.6498	Ashburn			•	•
Tribute at the Glen	571.402.1870	Woodbridge		•	•	•
The Trillium Tysons	571.396.0500	McLean		•	•	•
Tysons Woods Assisted Living – Greenbrier	703.846.0395	Vienna			•	•
Vienna Manor V	703.403.7583	Vienna			•	•
Wellington at Lake Manassas, The	703.468.2750	Gainesville		•	•	•
White Springs Senior Living	540.422.0783	Warrenton		•	•	•
Woodleigh Chase	877.211.6288	Fairfax	•	•		

WASHINGTON, DC

COMMUNITY	PHONE	CITY	LIFE PLAN	INDEPENDENT	ASSISTED	MEMORY CARE
The Fitzgerald of Palisades	202.935.5250	Washington		•	•	•

LIFE PLAN COMMUNITIES

MARYLAND

COMMUNITY	PHONE	CITY	INDEPENDENT	ASSISTED	NURSING
ANNE ARUNDEL COUNTY					
BayWoods of Annapolis	410.873.1208	Annapolis	•	•	•
Ginger Cove	410.224.8141	Annapolis	•	•	•
The Village at Providence Point	410.972.4597	Annapolis	•	•	•
BALTIMORE CITY					
Roland Park Place	410.243.5800	Baltimore	•	•	•
BALTIMORE COUNTY					
Blakehurst Senior Living Community	410.296.2900	Towson	•	•	•
Broadmead	443.578.8008	Hunt Valley	•	•	•
Charlestown	877.211.6288	Catonsville	•	•	•
Edenwald	410.339.6290	Towson	•	•	•
Glen Meadows	443.998.8408	Glen Arm	•	•	•
Maryland Masonic Homes	410.316.9129	Cockeysville	•	•	•
Mercy Ridge	410.561.0200	Timonium	•	•	•
North Oaks	410.486.9090	Pikesville	•	•	•
Oak Crest	877.211.6288	Parkville	•	•	•
Pickersgill Retirement Community	888.418.7168	Towson	•	•	•
The Village at Augsburg	443.963.3414	Baltimore	•	•	•
CALVERT COUNTY					
Asbury Solomons	410.394.3029	Solomons	•	•	•
CARROLL COUNTY					
Carroll Lutheran Village	877.848.0095	Westminster	•	•	•
Fairhaven	410.795.8801	Sykesville	•	•	•
FREDERICK COUNTY					
Buckingham's Choice	301.874.5630	Adamstown	•	•	•
Homewood at Frederick	301.732.6153	Frederick	•	•	•
GARRETT COUNTY					
Goodwill Retirement Community	301.895.5194	Grantsville	•	•	•
HOWARD COUNTY					
Lutheran Village at Miller's Grant	877.461.8933	Ellicott City	•	•	•
Residences at Vantage Point	410.992.1241	Columbia	•	•	•
KENT COUNTY					
Heron Point of Chestertown	443.214.3556	Chestertown	•	•	•

LIFE PLAN COMMUNITIES

COMMUNITY	PHONE	CITY	INDEPENDENT	ASSISTED	NURSING
MONTGOMERY COUNTY					
Asbury Methodist Village	301.216.4100	Gaithersburg	•	•	•
Bedford Court	301.598.2900	Silver Spring	•	•	•
Brooke Grove Retirement Village	301.260.2320	Sandy Spring	•	•	•
Charles E. Smith Life Communities	301.770.8448	Rockville	•	•	•
Friends House Retirement Community	301.924.5100	Sandy Spring	•	•	•
The Grandview – Opening 2025	877.211.6288	Bethesda	•	•	•
Ingleside at King Farm	240.398.3823	Rockville	•	•	•
Maplewood Park Place	301.530.0500	Bethesda	•	•	•
Riderwood	877.211.6288	Silver Spring	•	•	•
The Village at Rockville	301.424.9560	Rockville	•	•	•
PRINCE GEORGE'S COUNTY					
Collington, A Kendal Affiliate	301.842.4128	Mitchelville	•	•	•
TALBOT COUNTY					
Bayleigh Chase	410.822.8868	Easton	•	•	•
WASHINGTON COUNTY					
Creekside Village	240.420.4133	Hagerstown	•	•	•
Fahrney Keedy Senior Living Community	301.733.6284	Boonsboro	•	•	•
Homewood at Williamsport	301.582.1750	Williamsport	•	•	•
VIRGINIA					
COMMUNITY	PHONE	CITY	INDEPENDENT	ASSISTED	NURSING
ALEXANDRIA COUNTY					
Goodwin House – Alexandria	703.578.7201	Alexandria	•	•	•
The View Alexandria	703.797.3844	Alexandria	•	•	•
FAIRFAX COUNTY					
Fairfax, The	703.799.1200	Fort Belvoir	•	•	•
Goodwin House – Bailey's Crossroads	703.820.1488	Falls Church	•	•	•
Greenspring	877.211.6288	Springfield	•	•	•
The Mather	703.348.8522	Tysons/McLean	•	•	•
Vinson Hall Retirement Community	703.536.4344	McLean	•	•	•
Virginian, The	703.385.9229	Fairfax	•	•	•

LIFE PLAN COMMUNITIES

FAIRFAX COUNTY (continued)

COMMUNITY	PHONE	CITY	INDEPENDENT	ASSISTED	NURSING
Woodlands Retirement Community, The	703.667.9801	Fairfax	•	•	•
Woodleigh Chase	877.211.6288	Fairfax	•	•	•

LOUDOUN COUNTY

Ashby Ponds	877.211.6288	Ashburn	•	•	•
Falcons Landing	703.404.5151	Potomac Falls	•	•	•

PRINCE WILLIAM COUNTY

Westminster at Lake Ridge	703.496.5156	Lake Ridge	•	•	•
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VIRGINIA - OTHER VIRGINIA REGIONS

Shenandoah Valley Westminster – Canterbury	540.665.5914	Winchester	•	•	•
Village at Orchard Ridge, The	703.270.6500	Winchester	•	•	•
Williamsburg Landing	757.565.6505	Williamsburg	•	•	•

WASHINGTON, DC

COMMUNITY	PHONE	CITY	INDEPENDENT	ASSISTED	NURSING
Ingleside at Rock Creek	202.407.9673	Washington	•	•	•
Knollwood	202.541.0149	Washington	•	•	•

INDEPENDENT LIVING

DC METRO REGION

COMMUNITY	PHONE	CITY
MONTGOMERY COUNTY		
Andrew Kim House	301.260.2500	Olney
Arbor Crest of Silver Spring	301.625.8800	Silver Spring
Arcola Towers	301.929.6775	Silver Spring
Asbury Methodist Village	301.216.4100	Gaithersburg
Aspenwood Senior Living Community	301.598.6424	Silver Spring
Bauer Park Apartments	301.460.4545	Rockville
Bedford Court	301.598.2900	Silver Spring
Bethany House	301.881.0700	Rockville
B'nai B'rith Homecrest House	301.244.3579	Silver Spring
Bonifant at Silver Spring	301.588.4290	Silver Spring
Brightview West End	301.329.6099	Rockville
Brooke Grove Retirement Village	301.260.2320	Sandy Spring
Cadence Living Olney	301.851.6118	Olney
The Carnegie at Washingtonian Center	240.690.0726	Gaithersburg
Charter House	301.495.1600	Silver Spring
Churchill Senior Living	301.528.4400	Germantown
Covenant Village	301.540.1162	Germantown
Elms at Clarksburg Village, The	301.515.4799	Clarksburg
Five Star Premier Residences of Chevy Chase	301.907.8895	Chevy Chase
Foxhill Residences	301.963.1850	Bethesda
Franklin Apartments	301.270.5525	Takoma Park
Friends House Retirement Community	301.924.5100	Sandy Spring
Gardens of Traville	301.762.5224	Rockville
The Grandview - Opening 2025	877.211.6288	Bethesda
Hampshire Village	301.924.6565	Silver Spring
Ingleside at King Farm	240.398.3823	Rockville
Kensington Park Senior Living	301.946.7700	Kensington
Kentlands Manor	301.926.0696	Gaithersburg
Lakeview House	301.469.6927	Bethesda
The Leggett	301.563.3030	Silver Spring
Maplewood Park Place	301.530.0500	Bethesda
Modena Reserve at Kensington	240.998.9990	Kensington
Oaks at Four Corners, The	301.681.6632	Silver Spring
Oaks at Oldetowne, The	301.519.8290	Gaithersburg
Randolph Village	301.622.4800	Silver Spring
Revitz House	301.770.8450	Rockville
Riderwood	877.211.6288	Silver Spring

INDEPENDENT LIVING

MONTGOMERY COUNTY (continued)

COMMUNITY	PHONE	CITY
Ring House	301.770.8448	Rockville
Seabury of Springvale Terrace	301.587.0190	Silver Spring
Sunrise at Montgomery Village	301.921.0445	Montgomery Village
Town Center Apartments	301.424.5450	Rockville
Victory Court	301.294.1111	Rockville
Victory Crossing	301.235.0000	Silver Spring
Victory Forest	301.589.4030	Silver Spring
Victory Oaks	301.445.1445	Silver Spring
Victory Terrace	301.983.9600	Potomac
Victory Tower	301.270.1858	Takoma Park
Village at Rockville, The	301.354.8485	Rockville
Willow Manor at Clopper's Mill	301.916.5277	Germantown
Willow Manor at Colesville	301.384.8500	Silver Spring
Willow Manor at Fair Hill Farm	301.260.7620	Olney
Willow Manor at Fairland	301.847.1000	Silver Spring
Wilshire Estates	301.246.8432	Silver Spring

PRINCE GEORGE'S COUNTY

Avondale Park Apartments	301.853.7787	Hyattsville
Bowie Commons	301.249.2575	Bowie
Branchwood Towers	301.856.1620	Clinton
Cheval Court	301.736.0685	Forestville
Chillum Oaks Adventist Apartments	301.853.2755	Hyattsville
Clinton Manor Apartments	301.877.0444	Clinton
Collington, A Kendal Affiliate	301.679.3880	Mitchellville
Council House	301.423.0228	Suitland
Emerson House Apartments	301.779.6196	Bladensburg
Evergreen Senior Living Community	301.218.5150	Bowie
Fort Washington Adventist Apartments	301.203.7726	Ft. Washington
Ft. Washington Manor	1.888.358.4873	Ft. Washington
Friendship Arms Apartments	301.779.6566	Hyattsville
Gateway Village	301.324.0313	Capitol Heights
Green Ridge House	301.474.7595	Greenbelt
Harmony at Enterprise	240.329.9134	Bowie
Jericho Residences	301.841.6711	Landover
Largo Landing Fellowship House	301.249.2100	Upper Marlboro
Laurel Lakes Apartments	301.317.0500	Laurel
Lodge at Marlton	301.599.5422	Upper Marlboro

INDEPENDENT LIVING

PRINCE GEORGE'S COUNTY (continued)

COMMUNITY	PHONE	CITY
Manor Apartments	301.853.2900	Hyattsville
Manor at Victoria Park, The	301.630.0096	Temple Hills
Marwood Senior Apartments	301.599.1700	Upper Marlboro
Mrs. Philippines Home for Senior Citizens	301.567.9537	Oxon Hill
Park View at Bladensburg	301.699.9785	Bladensburg
Park View at Laurel	301.490.1526	Laurel
Park View at Laurel II	301.490.9730	Laurel
Rainier Manor	301.699.9795	Mount Rainier
Riderwood	877.211.6288	Silver Spring
Rollingcrest Commons	301.559.2225	Hyattsville
Selborne House of Laurel	301.604.2635	Laurel
The Sky Bridge at Town Center	240.545.8080	Largo
St. Paul Senior Apartments	301.350.1100	Capitol Heights
Trinity Terrace	301.530.7717	Temple Hills
Victory House of Palmer Park	301.341.4995	Landover
Vistas at Lake Largo, The	301.350.4766	Largo
Willows at Victoria Falls	301.317.7701	Laurel
Willows Senior Community	301.390.8000	Bowie
Windsor Crossing Senior Apartments	301.669.6540	Suitland
Woodside Village	301.839.2150	Ft. Washington

CENTRAL MARYLAND

COMMUNITY	PHONE	CITY
ANNE ARUNDEL COUNTY		
Arundel Woods - Catholic Charities	667.600.3160	Glen Burnie
Bay Forest Senior Apartments	410.396.7557	Annapolis
BayWoods of Annapolis	443.837.1208	Annapolis
Brightview Annapolis	443.808.1232	Annapolis
Brightview Crofton Riverwalk	443.494.6901	Crofton
Brightview Severna Park	410.544.1605	Severna Park
Burwood Gardens	410.590.4172	Glen Burnie
Claiborne Place	401.266.5730	Annapolis
College Parkway Place	410.757.0600	Annapolis
Friendship Station - Catholic Charities	667.600.3370	Odenton
Friendship Village - Catholic Charities	667.600.3380	Odenton
Gardens of Annapolis	410.885.1001	Annapolis

INDEPENDENT LIVING

ANNE ARUNDEL COUNTY (continued)

COMMUNITY	PHONE	CITY
Glen Forest Senior Apartments	410.969.2000	Glen Burnie
Park View at Furnace Branch	410.761.4150	Glen Burnie
Park View at Severna Park	410.544.3411	Severna Park
Pinewood Village	410.222.6210	Glen Burnie
Pinewood East	410.222.6210	Glen Burnie
Stoney Hill	410.222.6205	Odenton
Sunrise of Severna Park	410.544.7200	Severna Park
The Greens at Hammonds Lane	410.636.1141	Brooklyn Park
Pumphrey House	410.222.6220	Glen Burnie
Victoria House at Edgewater	410.956.5570	Edgewater

BALTIMORE CITY

Abundant Life Towers I	410.367.5433	Baltimore
Abundant Life Towers II	410.233.2002	Baltimore
Ahepa Senior Apartments	410.732.1275	Baltimore
Apostolic Towers	410.342.1353	Baltimore
Arlington Estates	410.466.1826	Baltimore
Basilica Place - Catholic Charities	667.600.3300	Baltimore
Belvedere Green	410.433.7255	Baltimore
Bowleys Garden Villa	410.325.8890	Baltimore
DePaul House - Catholic Charities	667.600.2684	Violetville
Ednor II Apartments	410.243.4301	Baltimore
Ednor Apartments	410.243.0180	Baltimore
Epiphany House	410.435.4416	Baltimore
Everall Gardens - Catholic Charities	667.600.2395	Overlea
Gallagher Mansion	410.435.4416	Baltimore
Greens at Irvington Mews, The	410.644.4487	Baltimore
Harry and Jeanette Weinberg Place	410.542.4111	Baltimore
Harry and Jeanette Weinberg Woods	410.318.6625	Baltimore
Harvey Johnson Towers	410.728.1166	Baltimore
Highlandtowne Plaza Co-op	410.675.4462	Baltimore
Heritage Run at Stadium Place	410.753.2305	Baltimore
John Manley House	410.444.5244	Baltimore
Johnson Square Apartments	410.837.3383	Baltimore
Kirkwood House Apartments	410.323.8910	Baltimore
Linden Park Apartments in Bolton Hill	410.523.0013	Baltimore
Monte Verde	410.728.4422	Baltimore
O'Donnell Square Senior Housing	410.732.1275	Baltimore

INDEPENDENT LIVING

BALTIMORE CITY (continued)

COMMUNITY	PHONE	CITY
Oliver Plaza Apartments	410.347.9604	Baltimore
Our Lady of Fatima I - Catholic Charities	667.600.3301	Baltimore
Our Lady of Fatima II - Catholic Charities	667.600.3301	Baltimore
Park Heights Place	410.578.3445	Baltimore
Park View at Ashland Terrace	410.276.6440	Baltimore
Park View at Coldspring	410.542.4400	Baltimore
Penn-North Plaza	410.383.8595	Baltimore
Polish National Alliance Senior Housing	410.732.1275	Baltimore
Roland Park Place	410.243.5800	Baltimore
Springwell Senior Living Community	410.664.4006	Mt. Washington
St. Elizabeth Senior Housing	410.732.1275	Baltimore
St. Joachim House - Catholic Charities	667.600.2685	Violetville
St. Mary's Roland View Towers	410.889.8255	Baltimore
Terrace Garden Co-op	410.230.9399	Baltimore
Venable Apartments II	410.338.0661	Baltimore
Walker Mews Apartments	410.323.8507	Baltimore
Wayland Village Senior Apartments	410.542.4580	Baltimore
Weinberg Courts at Stadium Place	410.235.0500	Baltimore
Westminster House Apartments	410.837.0180	Baltimore
Wyndholme Village	410.644.4100	Baltimore
Zion Towers Apartments	443.815.4977	Baltimore

BALTIMORE COUNTY

Aigburth Vale Senior Community	410.296.6695	Towson
Atrium Village	410.928.4637	Owings Mills
Blakehurst Senior Living Community	410.296.2900	Towson
Brightview Mays Chapel Ridge	410.628.2100	Timonium
Brightview Perry Hall	410.529.1903	Nottingham
Brightview Rolling Hills	410.744.7101	Catonsville
Brightwood Retirement Community	410.339.3200	Lutherville
Broadmead	443.578.8008	Hunt Valley
Coursey Station - Catholic Charities	667.600.3155	Lansdowne
Charlestowne	877.211.6288	Catonsville
Cove Point Apartments	410.288.2344	Dundalk
Edenwald	410.823.1349	Towson
Essex Co-op	410.391.7616	Essex
Evergreen Senior Apartments	410.780.4888	Essex
Glen Meadows	443.998.8408	Glen Arm

INDEPENDENT LIVING

BALTIMORE COUNTY (continued)

COMMUNITY	PHONE	CITY
Golden Ring Co-op	410.682.4094	Baltimore
Greens at English Consul, The	410.789.3000	Baltimore
Greens at Liberty Road, The	410.655.1100	Randallstown
Greens at Logan Field, The	410.288.2000	Dundalk
Greens at Rolling Road, The	410.744.9988	Catonsville
Harry and Jeanette Weinberg Gardens	410.602.8200	Baltimore
Harry and Jeanette Weinberg House	410.602.2405	Baltimore
Harry and Jeanette Weinberg Terrace, The	410.664.0100	Baltimore
Holy Korean Martyrs - Catholic Charities	667.600.3150	Woodlawn
Hopkins Village Apartments	410.687.2829	Baltimore
Kessler Park - Catholic Charities	667.600.3670	Lansdowne
Maryland Masonic Homes	410.316.9129	Cockeysville
Meadows of Reisterstown I & II, The	410.526.3380	Reisterstown
Mercy Ridge	410.561.0200	Timonium
North Oaks	410.486.9090	Pikesville
Oak Crest	877.211.6288	Parkville
Old Court Estates	410.496.4199	Randallstown
Owings Mills New Town - Catholic Charities	667.600.3180	Owings Mills
Park View at Catonsville	410.719.9464	Catonsville
Park View at Dundalk	410.288.5483	Dundalk
Park View at Fullerton	410.663.0665	Baltimore
Park View at Miramar Landing	410.391.8375	Baltimore
Park View at Randallstown	410.655.5673	Randallstown
Park View at Rosedale	410.866.1886	Rosedale
Park View at Taylor	410.663.0363	Baltimore
Park View at Towson	410.828.7185	Towson
Park View at Woodlawn	410.281.1120	Gwynn Oak
Pickersgill Retirement Community	888.418.7168	Towson
Randallstown Pavilion Co-op	410.521.4433	Randallstown
Randallstown Villa Co-op	410.922.0300	Baltimore
River Point	410.780.2881	Essex
Reister's Clearing - Catholic Charities	667.600.2190	Reisterstown
Reister's View - Catholic Charities	667.600.2190	Reisterstown
St. Charles House - Catholic Charities	667.600.3185	Pikesville
St. Luke's Place - Catholic Charities	667.600.3661	Edgemere
St. Marks Apts - Catholic Charities	667.600.3675	Catonsville
St Elizabeth's Hall - Stella Maris	410.252.4500	Timonium

INDEPENDENT LIVING

BALTIMORE COUNTY (continued)

COMMUNITY	PHONE	CITY
Tabco Towers Apartments	410.821.9220	Towson
Trinity House - Catholic Charities	667.600.3733	Towson
Village Crossroads I - Catholic Charities	667.600.2360	Nottingham
Village Crossroads II - Catholic Charities	667.600.2370	Nottingham
The Village at Augsburg	443.963.3414	Baltimore
Village Oaks Apartments	410.747.1344	Catonsville
Walker Co-op	410.377.0200	Baltimore
Warren Place Apartments	410.666.1030	Cockeysville

CARROLL COUNTY

Brightview Westminster Ridge	410.871.2225	Westminster
Carroll Lutheran Village	877.848.0095	Westminster
Fairhaven	866.934.0648	Sykesville
Manchester Manor Retirement Community	410.239.1154	Manchester
Residences at the Hampstead School, The	410.374.8144	Hampstead
Ridge Residences, Inc.	410.876.5200	Westminster
Ridgely House	410.239.2236	Hampstead
Shriner Court Apartments	410.775.2940	Union Bridge
Timber Ridge Apartments	410.876.2550	Westminster
Westminster Overlook	410.876.7600	Westminster

CECIL COUNTY

Fairgreen Senior Community	410.642.9080	Perryville
Fairview Senior Apartments	410.658.0488	Rising Sun
North Street Senior Residences	410.392.2299	Elkton
Victoria Park at North East	410.392.2299	North East

HARFORD COUNTY

Aberdeen Court - Catholic Charities	667.600.2175	Aberdeen
Abingdon Gardens - Catholic Charities	667.600.2170	Abingdon
Brightview Avondell	410.638.8100	Bel Air
Fairbrooke Senior Apartments	410.272.8880	Aberdeen
Friendship Village	410.622.3817	Abingdon
Harford Senior Housing	410.622.3818	Bel Air
Park View at Bel Air	410.893.0064	Bel Air
Park View at Box Hill	410.515.6115	Abingdon
River Run	410.538.4268	Joppatowne
St. John's Towers	410,939.5040	Havre de Grace

INDEPENDENT LIVING

HOWARD COUNTY

COMMUNITY	PHONE	CITY
Alta at Regency Crest	833.419.7513	Ellicott City
Brightview Columbia	443.393.3099	Columbia
Evergreens at Columbia Town Center	410.992.5501	Columbia
Harmony Hall	410.531.6000	Columbia
Heartlands Senior Living Village	410.461.9494	Ellicott City
Hickory Ridge Place	410.730.6611	Columbia
Lutheran Village at Millers Grant	877.461.8933	Ellicott City
Owen Brown Place	410.381.9544	Columbia
Park View at Colonial Landing	410.796.4399	Elkridge
Park View at Columbia	410.381.1118	Columbia
Park View at Ellicott City	410.203.9501	Ellicott City
Park View at Ellicott City II	410.203.2096	Ellicott City
Park View at Emerson	301.483.3322	Laurel
Park View at Snowden River	410.290.0384	Columbia
Selborne House of Dorsey Hall	410.992.4909	Ellicott City
Residences at Vantage Point	410.992.1241	Columbia
Vantage House, The	410.964.5454	Columbia
Waverly Gardens Apartment	443.274.6825	Woodstock

WESTERN MARYLAND

COMMUNITY	PHONE	CITY
ALLEGANY COUNTY		
Cumberland Manor	301.777.5186	Cumberland
Frostburg Village of Allegany County	301.689.2425	Frostburg
FREDERICK COUNTY		
Buckingham's Choice	866.224.3217	Adamstown
Brunswick House	301.834.2200	Brunswick
Country Meadows of Frederick	301.228.2249	Frederick
Creekside at Taskers Chance	301.698.5700	Frederick
Edenton Retirement Community	301.694.3100	Frederick
Homewood at Frederick	301.732.6153	Frederick
Spring Ridge Seniors Apartments	301.620.2620	Frederick
Taney Village Apartments	301.663.0929	Frederick
Victoria Park at Walkersville	301.845.4885	Walkersville
Weinberg House	301.662.4225	Frederick

INDEPENDENT LIVING

GARRETT COUNTY

COMMUNITY	PHONE	CITY
Garrettland - 6 Properties	301.334.9915	Oakland
Goodwill Mennonite Home, Inc.	301.895.5194	Grantsville
Sterner Hill Apts - Catholic Charities	301.895.5842	Grantsville

WASHINGTON COUNTY

Creekside Village	240.420.4133	Hagerstown
Fahrney Keedy Senior Living Community	301.733.6284	Boonsboro
Francis Murphy Apartments	240.313.9300	Hagerstown
Homewood at Williamsport	301.582.1750	Williamsport
Maplegrove Estate	301.824.4567	Smithsburg
Reeders	301.432.5457	Boonsboro

EASTERN SHORE OF MARYLAND

COMMUNITY	PHONE	CITY
CAROLINE COUNTY		
Heritage Community	410.479.4404	Denton
Laurel Grove Acres Apartments	410.754.5513	Feddersburg
KENT COUNTY		
Heron Point of Chestertown	888.368.3995	Chestertown
TALBOT COUNTY		
Bayleigh Chase	410.822.8888	Easton
Hyde Park	410.822.4350	Easton
Londonderry on The Tred Avon	410.820.8732	Easton
Park View at Easton	410.770.3070	Easton
St. Mark's Ministry to Aged, Inc.	410.822.1315	Easton
WICOMICO COUNTY		
Commonwealth Senior Living at Salisbury	410.860.8750	Salisbury
Lakeview Apartments	410.543.0444	Salisbury
Mallard Landing	410.912.1211	Salisbury
SummersGate Active Lifestyle Community	410.543.8750	Salisbury
Sunny Meadows	410.546.8300	Hebron
Victoria Park at Sassafras Meadows	410.742.3232	Salisbury
Gateway Village Apartments	410.742.7618	Salisbury
WORCESTER COUNTY		
Gull Creek Retirement Community	410.641.3171	Berlin
Newtowne Elderly Apartments	410.957.1562	Pocomoke City
The Woodlands of Ocean Pines	410.208.9001	Ocean Pines

INDEPENDENT LIVING

SOUTHERN MARYLAND

COMMUNITY	PHONE	CITY
CALVERT COUNTY		
Asbury Solomons	410.394.3029	Solomons
Chapline House	410.414.8280	Prince Frederick
Sea Side Apartments	301.855.3394	North Beach
Southern Pines II	410.394.3900	Lusby
CHARLES COUNTY		
Harmony at Waldorf	240.229.6101	Waldorf
La Plata Manor	301.932.1700	La Plata
Victory Lakeside Apartments	301.843.6919	Waldorf
Southwinds Active Adult Community	301.932.4297	White Plains
The Maples	301.934.4121	La Plata
Victory Brookside	301.843.7417	Waldorf
Victoria Park Apartments	301.638.4055	Waldorf
ST. MARY'S COUNTY		
Cedar Lane Senior Living Community	301.475.8966	Leonardtwn
Lexington Park Adult Community	240.725.0111	Lexington Park
New Towne Village	301.475.3161	Leonardtwn
Victory Woods	301.866.9191	Lexington Park

VIRGINIA

COMMUNITY	PHONE	CITY
ALEXANDRIA		
Annie B. Rose House	703.548.4946	Alexandria
Beasley Square	703.853.0638	Alexandria
Claridge House Alexandria	703.823.5444	Alexandria
Elancé at Alexandria	703.845.5100	Alexandria
Goodwin House - Alexandria	703.578.7201	Alexandria
Landry Highrise	703.549.7115	Alexandria
The Landing	571.577.6011	Alexandria
Paul Spring Community	703.768.0234	Alexandria
The View Alexandria	703.797.3844	Alexandria
ARLINGTON COUNTY		
Carlin, The	703.243.4300	Arlington
Claridge House I	703.521.9100	Arlington
Culpepper Garden	703.528.0162	Arlington
Hunter's Park at Cherrydale	703.892.4330	Arlington

INDEPENDENT LIVING

ARLINGTON COUNTY (continued)

COMMUNITY	PHONE	CITY
Lockwood/Elmwood House	703.538.6000	Arlington
Jefferson, The	703.516.9455	Arlington
Sunrise at Bluemont Park	703.536.1060	Arlington
Woodland Hill	703.931.5700	Arlington

FAIRFAX COUNTY

Aarondale Community	703.813.1800	Springfield
Arbor Terrace of Herndon	703.956.6311	Herndon
Coppermine Place	703.793.0336	Herndon
Forest Glen at Sully Station	703.802.9501	Centreville
Goodwin House - Baileys Crossroads	703.820.1488	Falls Church
Greenspring	877.211.6288	Springfield
Gum Springs Glen	703.780.9072	Alexandria
Harmony at Chantilly	703.994.4561	Herndon
Herndon Harbor House I & II	703.904.9444	Herndon
Heatherwood Community	703.425.1698	Burke
Hunters Woods at Trails Edge	703.429.1130	Reston
Hunters Woods Fellowship House	703.620.4450	Reston
Kendrick Court at McNair Farms	703.793.9300	Herndon
Lake Anne Fellowship House	703.471.6474	Reston
The Fairfax	703.799.1200	Ft. Belvoir
Fallstead at Lewinsville Center	703.659.6590	McLean
Lewinsville, The	703.442.8660	McLean
Lincolnian	703.914.0330	Alexandria
Little River Glen	703.503.8700	Fairfax
Manchester Lakes Senior Apartment	703.921.5500	Alexandria
The Mather	703.348.8522	Tysons/McLean
Morris Glen Apartments	703.719.7268	Alexandria
Olley Glen Senior Residences	703.323.6565	Fairfax
Overture Fair Ridge	703.665.6825	Fairfax
Paul Spring Community	703.768.0234	Alexandria
Sunrise of McLean	703.734.1600	McLean
Thoreau Place Condominiums	703.620.0434	Reston
Tysons Towers Apartments	703.281.2080	Vienna
Vinson Hall Retirement Community	703.536.4344	McLean
Virginian, The	703.385.9229	Fairfax
Woodlands Retirement Community, The	703.667.9801	Fairfax
Woodleigh Chase	877.211.6288	Fairfax

INDEPENDENT LIVING

LOUDOUN COUNTY

COMMUNITY	PHONE	CITY
Ashby Ponds	877.211.6288	Ashburn
Ashleigh at Lansdowne Community	703.828.9600	Lansdowne
Cascades Village	703.896.9771	Sterling
Falcons Landing	703.404.5151	Potomac Falls
Hessler Heights	703.723.3870	Leesburg
Madison House Apartments	703.777.5510	Leesburg
Sommerset Retirement Community	703.450.6411	Sterling
Sunrise at Countryside	703.430.0681	Sterling
The View Chantilly by Goodwin Living	703.596.8967	Chantilly
Waltonwood Ashburn	703.468.0423	Ashburn
Wingler House I and II	703.858.9507	Ashburn

PRINCE WILLIAM COUNTY

Acclaim at Belmont Bay	571.489.7070	Woodbridge
Capitol Ridge Gracious Retirement Living	571.347.1843	Bristow
Fairfax, The	703.799.1200	Ft. Belvoir
Fairmont, The	703.691.5026	Manassas
Harper's Station	703.596.8153	Haymarket
Lake Ridge Fellowship House	703.494.4455	Woodbridge
Oaks Senior Community, The	703.221.4888	Triangle
Oaks of Wellington	703.365.8500	Manassas
Park Place	703.257.3455	Manassas Park
Potomac Place	703.494.3817	Woodbridge
Potomac Woods Senior Living	703.491.9710	Woodbridge
Quarry Station Seniors Apartments	703.393.7788	Manassas
River Run at Prince William Commons	703.878.4618	Woodbridge
Victoria Park & The Woods Apartments	703.879.8327	Woodbridge
The Wellington at Lake Manassas Community	703.468.2750	Gainesville
Westminster at Lake Ridge	703.496.5156	Lake Ridge

OTHER VIRGINIA

Glebe, The	540.591.2100	Daleville
Harmony at Falls Run	540.479.3788	Stafford
Williamsburg Landing	757.565.6505	Williamsburg

INDEPENDENT LIVING

DISTRICT OF COLUMBIA

COMMUNITY	PHONE	CITY
Armed Forces Retirement Home	800.422.9988	Washington
The Appleton at Spring Flats I & II	202.722.2222	Washington
The Fitzgerald of Palisades	202.935.5250	Washington
Dupont Park Adventist Apartments	202.562.1363	Washington
Golden Rule Plaza	202.962.0055	Washington
Hedin House Apartments	202.635.0985	Washington
Ingleside at Rock Creek	202.407.9673	Washington
Knollwood	202.541.0149	Washington
Residences at Thomas Circle, The	202.628.3844	Washington
Sarah's Circle	202.332.1400	Washington
Seabury at Friendship Terrace	202.244.7400	Washington
Seabury Home First® Residences	202.635.9384	Washington
St. Mary's Court	202.223.5712	Washington
Victory Heights	202.939.1431	Washington
Victory Square	202.388.3288	Washington
View at Edgewood Terrace, The	202.635.1995	Washington
Wah Luck House	202.289.5338	Washington

ASSISTED LIVING

DC METRO REGION

COMMUNITY	PHONE	CITY	MEMORY CARE
MONTGOMERY COUNTY			
Aberdeen House I - III	240.472.4787	Rockville	•
AlfredHouse Andrus	240.535.0597	N. Bethesda	•
AlfredHouse Florence	240.535.0597	Rockville	•
AlfredHouse Needwood	240.535.0597	Derwood	•
AlfredHouse Rebecca	240.535.0597	Potomac	•
AlfredHouse Symphony	240.535.0597	Derwood	•
AlfredHouse I	240.535.0597	Rockville	•
AlfredHouse II	240.535.0597	Silver Spring	•
AlfredHouse III	240.535.0597	Rockville	•
AlfredHouse IV - Villa Concierge Living	240.535.0597	Rockville	•
AlfredHouse V	240.535.0597	Rockville	•
Angels Garden I - III	301.806.0151	Rockville/Silver Spring	•
Arbor Place Dementia Care	301.924.0666	Rockville	•
Arden Courts ProMedica Memory Care	301.493.7881	Kensington	•
Arden Courts ProMedica Memory Care	301.983.3620	Potomac	•
Arden Courts ProMedica Memory Care	301.847.3051	Silver Spring	•
Artis Senior Living of Potomac	240.800.3563	Bethesda	•
Asheir Home at Germantown & Potomac	301.250.6660	Germantown/Potomac	•
Aspenwood Senior Living Community	301.598.6424	Silver Spring	
Assisted Living of Potomac Ambleside	240.506.7719	Potomac	•
Atrium Active Home	240.793.6052	Silver Spring	•
Atrium Kosher Home	240.793.6052	Potomac	•
Atrium Victoria Home	240.793.6052	Montgomery Village	•
Avonlea Ridge Assisted Living I - II	240.899.5890	Silver Spring	
Bartholomew House - Victory Housing	301.320.6151	Bethesda	
B'nai B'rith Homecrest House®	301.598.4000	Silver Spring	
Bedford Court	301.598.2900	Silver Spring	•
Bliss Villa I - II	301.625.0474	Silver Spring	•
Brandywine Living at Potomac	301.857.4628	Potomac	•
Brighton Gardens of Friendship Heights	301.656.1900	Chevy Chase	•
Brightview Falls Grove	240.314.7194	Rockville	•
Brightview Grosvenor	301.615.0119	Rockville	•
Brightview West End	301.329.6099	Rockville	•
Brightview Woodmont	240.800.7566	Bethesda	•
Brookdale Olney	301.284.9515	Olney	•
Brookdale Potomac	301.284.9507	Potomac	•
Brooke Grove Retirement Village	301.260.2320	Sandy Spring	•

ASSISTED LIVING

MONTGOMERY COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Brookeville House I - III	301.363.9688	Brookeville	•
Byron House - Victory Housing	301.469.9400	Potomac	
Brookdale Olney	301.284.9515	Olney	•
Cadence Living Olney	301.851.6118	Olney	•
The Carnegie at Washingtonian Center	240.690.0726	Gaithersburg	
Cascadia Courts Assisted Living	301.460.2333	Silver Spring	
Cedar Creek Memory Care Homes	301.384.4017	Beth/Sil Spr/Rock	•
Cohen-Rosen House	301.770.8448	Rockville	•
Deborah Assisted Living I - II	201.330.6715	Derwood/Gaithersburg	
Eden Homes of Potomac - Liberty	301.299.0090	Potomac	•
Eden Homes of Potomac - Kosher	301.299.0090	Potomac	•
Eden Homes of Potomac - Rouen Lane - Opens 2023	301.299.0090	Potomac	•
Five Star Premier Residence of Chevy Chase	301.907.8895	Chevy Chase	
Friends House Retirement Community	301.924.7511	Sandy Spring	•
Good Hope Home Care I - II	301.879.2289	Silver Spring	
Good Samaritan Assisted Living I - II	301.681.5251	Silver Spring	•
Grace House - Victory Housing	301.924.4424	Silver Spring	
Himalayan Elderly Care I - II	301.774.8588	Silver Spring	•
Ingleside at King Farm	240.398.3823	Rockville	•
Jeya Assisted Living I - II	301.284.9515	Silver Spring	•
JK House of Grace I - IV	301.792.1144	Silver Spring/Rockville	•
J'Rose Assisted Living I - III	301.585.4391	Silver Spring/Burtonsville	
Kensington Park Senior Living	301.946.7700	Kensington	•
Kindley Assisted Living - Asbury Methodist Village	301.987.6071	Gaithersburg	•
La Familia Assisted Living I - III	301.603.8054	Silver Spring/Rockville	
Landing of Silver Spring, The	301.284.9508	Silver Spring	•
Landow House	301.770.8448	Rockville	
Larmax Homes at Bells Mill	855.735.9900	Bethesda	•
Larmax Homes at Bradley Blvd.	855.735.9900	Bethesda	•
Larmax Homes at Greyswood	855.735.9900	Bethesda	•
Larmax Homes at Ipswich	855.735.9900	Bethesda	•
Larmax Homes at Seven Locks	855.735.9900	Bethesda	•
Larmax Homes at Stoneham	855.735.9900	Bethesda	•
Laytonsville Estates Assisted Living I - II	301.284.9509	Laytonsville	•
Maplewood Park Place	301.530.0500	Bethesda	•
Marge's Memory Care - A Winter Growth Community	301.774.7501	Olney	•
Marian Assisted Living - Victory Housing	301.570.3190	Olney	
Modena Reserve at Kensington	240.998.9990	Kensington	•

ASSISTED LIVING

MONTGOMERY COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Montgomery Eldercare I - II	301.908.3475	Silver Spring/Colesville	
Necitas Assisted Living I - IV	202.413.2209	Silver Spring	
Olney Assisted Living	301.570.0525	Olney	●
Potomac Grace Assisted Living I - II	301.467.3448	Potomac	
Prince of Peace	240.205.6978	Takoma Park	
Raphael House - Victory Housing	301.217.9116	Rockville	
Rejuvenation Assisted Living I - II	301.989.1665	Silver Spring	
Riderwood	844.377.9905	Silver Spring	●
Seabury at Springvale Terrace*	301.587.0190	Silver Spring	
The Seneca Rockville	240.615.2800	Rockville	●
Raphael House - Victory Housing	301.217.9116	Rockville	
Serenity Gardens Assisted Living I - III	301.525.3933	Rockville/Potomac	
Sunrise of Bethesda	301.657.6880	Bethesda	●
Sunrise of Chevy Chase	301.588.0484	Silver Spring	●
Sunrise of Fox Hill	301.469.8005	Bethesda	●
Sunrise at Montgomery Village	301.921.0445	Montgomery Village	●
Sunrise of Rockville	301.309.0500	Rockville	●
Sunrise of Silver Spring	301.625.8655	Silver Spring	●
Sycamore Acres I - II	301.963.2337	Derwood	●
The Terraces at Tuckerman Lane	240.681.2116	N. Bethesda	
Tribute at Black Hill	410.401.5262	Germantown	●
Village at Rockville, The	301.354.4600	Rockville	●
Winter Growth Asst Living & Dementia Care	301.774.7501	Olney	●

PRINCE GEORGE'S COUNTY

Abundance Care I - II	703.861.0982	Bowie	●
Adelphi House I - III	301.422.4959	Adelphi	
Ameristar Assisted Living I - III	240.413.1322	New Carrollton/Bowie	●
Angel Assisted Living I - III	301.577.2999	Bowie/Lanham/CollPark	
Angels Alert Care I - II	301.237.5384	Largo/Upper Marlboro	
Arbor Terrace Senior Living	301.486.1590	Lanham	●
Autumn Meadows I - II	301.262.0123	Bowie	●
Benevolent Assisted Living I & II	301.284.9508	Bowie	
Bethel Assisted Living Homes I & II	240.381.0702	Bowie	
Birchwood Group Home I - II	301.567.8190	Glenn Dale/Bowie	
Brookdale Woodward Estates	301.464.4400	Bowie	
Bowie Assisted Living	301.352.3642	Bowie	
Candice Cares I - III	301.284.9510	Riverdale/Upper Marlboro	
Caring Hearts Assisted Living I - II	301.352.7457	Bowie	

ASSISTED LIVING

PRINCE GEORGE'S COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Casa Living I - II	202.320.0090	Accokeek	
Castle of Love Assisted Living I - II	301.249.4594	Bowie/Upper Marlboro	•
Charter Senior Living of Bowie	301.805.8422	Bowie	•
Collington, A Kendal Affiliate	301.679.3880	Mitchellville	•
Eby Assisted Living I - VI	240.644.3060	Bowie/Ft Washington	
Fine Living Care I - III	202.409.1366	Suitland/Clinton	
Harmony at Enterprise	240.329.9134	Bowie	•
Hillhaven	301.937.3939	Adelphi	•
Holistically Devoted Assisted Living I - II	301.462.8650	Bowie	
Independence Court of Hyattsville	301.699.7900	Hyattsville	•
Jobean Assisted Living I - III	202.403.7311	Clinton/Accokeek	
Lifespring Eldercare I - IV	301.449.0322	Temp Hills/Camp Springs	
Malta House - Victory Housing	301.699.8600	Hyattsville	
Morningside House of Laurel	301.725.2220	Laurel	•
New Horizon Assisted Living I - IV	301.218.7543	Bowie	
Prince of Peace Assisted Living I - III	240.205.6978	Ft Wash/Cheltenham	
Riderwood	844.377.9905	Silver Spring	•
Sky Bridge at Town Center	240.545.8080	Bowie	•
Springtime Home I - VI	301.262.1350	Hyattsville	•
Tribute at Melford	301.329.5565	Bowie	•
Woodmore House Assisted Living I	240.495.9807	Upper Marlboro	•
Z&E Home Away from Home	240.521.1205	Lanham	•

CENTRAL MARYLAND

COMMUNITY	PHONE	CITY	MEMORY CARE
ANNE ARUNDEL COUNTY			
Annapolitan Assisted Living	410.757.7000	Annapolis	•
Arbor at Baywoods	410.268.9222	Annapolis	•
Arbor Terrace Waugh Chapel	410.941.3119	Gambrills	•
Assisted Living Well Compassionate Care I - III	410.315.8807	Millersville	•
Autumn Meadows V - VI	301.262.0123	Gambrills	•
Baywoods Health Care Center	410.268.9222	Annapolis	
Bay Village	888.687.5440	Annapolis	•
Brightview Annapolis	443.808.1232	Annapolis	•
Brightview Crofton Riverwalk	443.494.6901	Crofton	•
Brightview Severna Park	410.544.1605	Severna Park	•
Brightview South River	410.956.7310	South River	•

ASSISTED LIVING

ANNE ARUNDEL COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Celebration Villa of Manresa	410.349.9529	Annapolis	
Charter Senior Living of Annapolis - Memory Care	410.224.7300	Annapolis	•
Country Home Assisted Living	410.867.7518	Harwood	•
Cranberry Cottages I - VI	410.360.1844	Glen Burnie/Pasadena	•
Fernbrook Manor	410.551.5913	Odenton	•
Ginger Cove	410.224.8141	Annapolis	•
HeartHomes at Bay Ridge I & II	443.871.3168	Annapolis	•
HeartHomes at Pasadena	443.871.3168	Pasadena	•
HeartHomes at Piney Orchard	443.871.3168	Odenton	•
Heartlands Senior Living at Severna Park	410.729.1600	Severna Park	•
Household of Angels - Crofton	410.647.3834	Crofton	•
Household of Angels - Severna Park	410.384.9540	Severna Park	•
Inspirations Assisted Living & Memory Care	410.859.8900	Linthicum	•
Jones Acres	410.7404747	Arnold	•
Locust Lodge Assisted Living	410.653.3480	Pasadena	•
Morningside House of Friendship	410.863.0830	Hanover	•
Oak Lodge Senior Home I - III	410.255.6070	Pasadena	•
Pear Tree House I & II	410.437.5050	Pasadena	•
Regency Park Senior Living Community	410.923.1200	Gambrills	•
The Sheridan at Severna Park	410.793.1940	Pasadena	•
Spring Arbor of Crofton	410.451.1140	Crofton	•
Spring Arbor of Severna Park	410.544.7774	Severna Park	•
Sunrise of Annapolis	410.266.1400	Annapolis	•
Sunrise of Severna Park	410.544.7200	Severna Park	•

BALTIMORE CITY

All Settled Inn	410.367.1842	Baltimore	•
Chelsea Manor	443.465.4247	Baltimore	•
Caritas House Asst Living - Catholic Charities	667.600.2660	Baltimore	•
Esther's Place I - IV	410.254.1010	Baltimore	•
Heartfelt Care Providers	443.759.6132	Baltimore	
Lamplight Inn of Baltimore	410.225.9337	Baltimore	•
Lin's Loving Care	443.835.3984	Baltimore	
Pleasant Gardens I - IV	410.870.7058	Baltimore	
Roland Park Place	410.243.5800	Baltimore	•
Rosie's Assisted Living	410.466.2470	Baltimore	
Rosemarie Manor I & II	410.664.7800	Baltimore	
Serenity Manor at Bottom Hill	410.728.3737	Baltimore	•
Springwell Senior Living Community	410.664.4006	Mt Washington	•

ASSISTED LIVING

BALTIMORE CITY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Symphony Manor Asst Living & Memory Care	410.235.4301	Baltimore	•
Weinberg Park Assisted Living	410.664.0100	Baltimore	
BALTIMORE COUNTY			
A Caring Place - Oakleigh House	410.661.5776	Parkville	•
Angels Among Us	410.365.1633	Baltimore	
Arden Courts ProMedica Memory Care	410.415.5600	Pikesville	•
Arden Courts ProMedica Memory Care	410.847.9400	Towson	•
Atrium Village	410.928.4637	Owings Mills	•
Beechwood Assisted Living	410.719.2273	Catonsville	
BestCare Luxury Assisted Living I & II	410.596.5863	Reisterstown	•
Broadmead	443.578.8098	Hunt Valley	•
Brightview Catonsville	410.788.5001	Catonsville	•
Brightview Mays Chapel Ridge	410.628.2100	Timonium	•
Brightview Perry Hall	410.529.1903	Nottingham	•
Brightview Rolling Hills	410.744.7101	Catonsville	•
Brightview Towson	410.296.3320	Baltimore	•
Brightview White Marsh	410.668.1588	Baltimore	•
Brookdale Pikesville	443.275.5145	Pikesville	•
Buckingham Manor Assisted Living	410.205.7568	Gwynn Oak	
Charlestown	888.325.7759	Catonsville	•
Charter Senior Living of Towson	410.449.2830	Baltimore	•
Charter Senior Living of Woodholme Crossings	410.580.1400	Pikesville	•
Chestnut Green Health Center at Blakehurst	410.296.2900	Towson	•
College Manor	410.252.0440	Lutherville	•
Commonwealth Senior Living at Cockeysville	410.593.1474	Cockeysville	•
Cottages at Perry Hall	410.529.9400	Baltimore	•
Dulaney Valley Assisted Living	410.823.1349	Parkville/Cockeysville	
Edenwald	410.823.1349	Towson	•
Glen Meadows	443.998.8408	Glen Arm	
Glynn Taff Assisted Living	410.744.4977	Catonsville	•
Hampton Meadows Assisted Living	410.653.3480	Towson	•
Inspirations Memory Care of Lutherville	410.859.8900	Lutherville	•
Joyous Living	410.344.0020	White Marsh	
Life Spring Assisted Living	410.653.3480	Catonsville	•
Lighthouse Assist Living & Memory Care	410.918.0400	Essex	•
Ma Maison Senior Assisted Living I - III	410.248.0545	Nottingham	•
Maples of Towson, The	410.296.8900	Towson	•
Maryland Masonic Homes	410.316.9129	Cockeysville	

ASSISTED LIVING

BALTIMORE COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Mercy Ridge	410.561.0200	Timonium	•
Morningside House of Satyr Hill	410.882.0700	Parkville	•
New Life Healthy Living Assisted Living	410.944.1002	Windsor Mill	•
Oak Crest	888.599.1497	Parkville	•
Paradise Assisted Living of Catonsville	410.744.8433	Catonsville	•
Pickersgill Retirement Community	888.418.7168	Towson	
Rolling Meadows Assisted Living	410.653.3480	Catonsville	•
Springhouse Assisted Living	410.486.5500	Pikesville	
St Martins Home - Little Sisters of the Poor	410.744.9367	Catonsville	
Sterling Care Kosher Assisted Living	410.318.8999	Baltimore	•
Sunrise of Pikesville	410.602.0033	Pikesville	•
Tudor Heights	410.705.5361	Baltimore	•
Victoria Inn Assisted Living	410.444.0031	Baltimore	
The Village at Augsburg	443.963.3414	Baltimore	
Woodholme Springs Assisted Living	410.653.3480	Pikesville	•
Woodlands Assisted Living Community	410.918.2139	Middle River	•

CARROLL COUNTY

Bethania Care Homes	410.848.5616	Westminster	
Brightview Westminster Ridge	410.668.1588	Westminster	•
Carroll Lutheran Village	877.848.0095	Westminster	•
Constant Care at Winfield	410.795.0186	Sykesville	•
Country Acres Assisted Living	410.751.7714	Westminster	•
Country Companions Assisted Living	410.848.5886	Taneytown	
Divine Intervention at Shepherd's Glen	410.857.0985	Taneytown 12	•
Fairhaven	410.795.8801	Sykesville	
Family Care Assisted Living	410.442.2868	Marriottsville	•
Golden Crest I - V	410.239.1224	Hampstead/Westminster	
Inspirations Memory Care of Westminster	443.289.9229	Westminster	•
Look About Manor Inc.	410.857.5193	Westminster	•
Lorien Mt Airy	301.829.6050	Mt Airy	•
Lorien Taneytown	888.306.5009	Taneytown	•
North Pines Assisted Living	410.239.8731	Manchester	•
Nova Springs Assisted Living	443.289.9369	Finksburg	•
Sun Valley Assisted Living	410.635.8040	Westminster	•
Sun Valley at Ridge Overlook	410.795.6003	Westminster	•
Sun Valley at the Homestead	410.795.6001	Sykesville	•
Sun Valley at the Meadows/ at The Woods	410.635.2103	Westminster	•

ASSISTED LIVING

CARROLL COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Transitions Healthcare Oakland Manor	410.246.2926	Sykesville	•
Warm Heart Family Assistance Living	240.398.1433	Mt Airy	

CECIL COUNTY

Abbey Manor Assisted Living I & II	410.620.4126	Elkton	•
Belnord Manor	410.885.7246	Elkton	
Caraway Manor I & II	410.392.0502	Elkton	
D & G Home Care I & II	410.378.5764	Port Deposit	
Elliott Assisted Living	410.642.3387	Perryville	•
Fair Hill Assisted Living	410.398.0136	Elkton	
Liberty Gardens Elder Care	410.658.0685	Conowingo	•
Pear Tree Manor	410.658.5294	Colora	•
Reynolds Retirement	410.658.4951	Colora	•
Well Homed	410.398.9670	Elkton	•

HARFORD COUNTY

Amazing Grace Assisted Living	410.877.0709	Bel Air	
Awakenings of Bel Air	410.322.5389	Bel Air	
Bel Air Assisted Living	410.893.9164	Bel Air	•
Brightview Avondell	410.638.8100	Bel Air	
Brightview Bel Air	410.893.2202	Bel Air	•
Commonwealth Senior Living at Bel Air	410.420.6700	Bel Air	•
Dacota Assisted Living I & II	410.575.7772	Aberdeen	
Forest Hill Heights	410.893.3070	Forest Hill	•
Four Seasons Assisted Living	410.879.4665	Bel Air	•
Hart Heritage Estates of Forest Hill	410.638.6087	Forest Hill	•
Hart Heritage Estates of Street	410.836.1295	Street	•
Hummingbird Manor Assisted Living	443.203.2383	Aberdeen	•
Jacob's Well Assisted Living	410.989.0363	Bel Air	•
Liv-N-Well Assisted Living Facility	410.273.5037	Aberdeen	
Lorien Bel Air	410.803.1400	Bel Air	•
Madonna Heritage	410.557.9640	Jarrettsville	
Young at Heart Assisted Living I & II	410.538.4825	Joppa	

HOWARD COUNTY

Abundant Life I, II & III	410.992.8312	Ellicott City	•
Angels Touch I & II	301.442.9800	W. Friendship	
Arbor Terrace Fulton	301.265.3388	Fulton	•
Autumn Hill	410.724.5001	Fulton	•
Brighton Gardens of Columbia	410.88.4.0773	Columbia	•

ASSISTED LIVING

HOWARD COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Brightview Columbia	443.393.3099	Columbia	•
Charter Senior Living of Columbia - Memory Care	410.313.9744	Columbia	•
Elternhaus	410.707.7071	Dayton	•
Encore at Turf Valley	410.461.7070	Ellicott City	•
Glen Hill	410.988.8036	Dayton	•
Harmony Hall	410.531.6000	Columbia	•
Heartlands Senior Living at Ellicott City	410.461.9494	Ellicott City	
Howard County Assisted Living	301.949.0068	Clarksville	
Ivy Manor & Chestnut Hill Manor	301.693.9581	Ellicott City	•
Lighthouse Assisted Living & Memory Care	410.465.2288	Ellicott City	•
Lutheran Village at Miller's Grant	410.696.6700	Ellicott City	
Maple Hill	410.880.1966	Laurel	•
McKetes Senior Home	410.465.2556	Columbia	•
Morningside House of Ellicott City	410.715.0930	Ellicott City	•
New Life Assisted Living I - III	410.796.8603	Elkridge	•
Pine Hill	410.724.0054	Laurel	
Residences at Vantage Point	410.992.1241	Columbia	•
Sah-Rang-Bong Care I & II	410.531.5029	Columbia	•
Shangri-La Assisted Living	443.574.2040	Ellicott City	•
Sunrise of Columbia	410.531.1444	Columbia	•
Vantage House, The	410.964.5454	Columbia	•
Winter Growth Assisted Living & Memory Care	410.964.9616	Columbia	•

WESTERN MARYLAND

COMMUNITY	PHONE	CITY	MEMORY CARE
ALLEGHENY COUNTY			
Chamberlain Graceful Living	301.759.1471	Cumberland	•
Commons at Cumberland	301.722.5535	Cumberland	•
CountryHouse at Cumberland	301.777.8717	Cumberland	•
The Kensington	301.777.8800	Cumberland	
Sterling Care at Frostburg Village	301.689.2425	Frostburg	•
FREDERICK COUNTY			
Buckingham's Choice	301.874.5630	Adamstown	•
Country Meadows of Frederick	301.228.2249	Frederick	•
Edenton Retirement Community	301.694.3100	Frederick	•
HeartFields at Frederick	301.663.8800	Frederick	•

ASSISTED LIVING

FREDERICK COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Homewood at Frederick	301.644.5600	Frederick	
Montevue Assisted Living	240.772.9140	Frederick	
Record Street Home	301.663.6822	Frederick	
Silverado Frederick	240.693.3070	Frederick	•
Spring Arbor of Frederick	301.732.7555	Frederick	•
Somerford of Frederick	301.668.3930	Frederick	•
Sunrise of Frederick	301.663.9500	Frederick	•
Tranquility at Fredericktowne	301.668.6030	Frederick	•
Village Crossing at Worman's Mill	301.709.7131	Frederick	•

GARRETT COUNTY

Cherry Hill Assisted Living	301.746.8082	Accident	•
Goodwill Retirement Community	301.895.5194	Grantsville	•

WASHINGTON COUNTY

Brookdale Hagerstown	240.329.3342	Hagerstown	•
Charlotte's Home I & II	301.432.2415	Maugansville/Boonesboro	
Commonwealth Senior Living at Hagerstown	240.608.6311	Hagerstown	•
Creekside Village	240.420.4133	Hagerstown	•
Fahrney Keedy Senior Living Community	301.733.6284	Boonsboro	•
Hilltop Vistas Assisted Living	301.582.1750	Williamsport	
Holly Place	301.733.3008	Hagerstown	
Homewood at Williamsport	301.582.1750	Williamsport	
Maugansville Mennonite Home	301.733.5899	Hagerstown	
Mennonite Fellowship Home	301.766.0707	Hagerstown	
Seaton Hagerstown	240.722.1787	Hagerstown	•
Somerford of Hagerstown	301.791.9221	Hagerstown	•
Twin Oaks Assisted Living	301.223.7971	Williamsport	
Williamsport Retirement Village	301.223.7971	Williamsport	

EASTERN SHORE OF MARYLAND

COMMUNITY	PHONE	CITY	MEMORY CARE
CAROLINE COUNTY			
Arcadia of Denton I & II	410.479.3102	Denton	•
Homestead Manor Assisted Living	410.479.2273	Denton	
Inns of Evergreen Assisted Living	410.479.0324	Denton	•
DORCHESTER COUNTY			
Dimples Manor I - III	410.228.3135	Cambridge	•

ASSISTED LIVING

KENT COUNTY

COMMUNITY	PHONE	CITY	MEMORY CARE
Heron Point	410.778.7300	Chestertown	

QUEEN ANNE'S COUNTY

Arcadia Assisted Living	410.643.4344	Chester	
Heartland House	410.827.4541	Grasonville	
Queenstown Landing	410.304.2005	Queenstown	•
St. Peter Assisted Living	410.623.6909	Church Hill	
Whitewood Assisted Living	410.827.7620	Grasonville	

SOMERSET COUNTY

Chesapeake Cove Assisted Living	410.968.1022	Crisfield	•
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TALBOT COUNTY

Bayleigh Chase	410.822.8888	Easton	•
Candle Light Cove Assisted & Memory Care	410.770.9707	Easton	•
Dixon House	410.822.6661	Easton	
HeartFields at Easton	410.820.4400	Easton	•

WICOMICO COUNTY

Baycare Assisted Living	410.615.4802	Salisbury	
Chesapeake Manor Assisted Living	410.835.2427	Willards	
Commonwealth Senior Living at Salisbury	410.860.8750	Salisbury	•
Delmar Manor and Villa Assisted Living	443.235.9368	Delmar	
Golden Gardens Assisted Living	443.235.6375	Salisbury	
John B Parsons Assisted Living	410.742.1432	Salisbury	•
Lakeside at Mallard Landing	410.713.4734	Salisbury	•
Peregrine Senior Living at Salisbury	410.546.9997	Salisbury	•

WORCHESTER COUNTY

Baycare Assisted Living	301.229.2273	Pocomoke	
Catered Living of Ocean Pines	410.208.1000	OceanPines	
Chesapeake Cottage Assisted Living	410.6510264	Snow Hill	
Guiding Hands Assisted Living	443.513.4438	Berlin	
Gull Creek Senior Living	410.641.3171	Berlin	
Woodlands of Ocean Pines	410.208.9001	Berlin	

SOUTHERN MARYLAND

COMMUNITY	PHONE	CITY	MEMORY CARE
CALVERT COUNTY			
Asbury Solomons Island	410.394.3029	Solomons	
Caribbean Breeze Assisted Living I - IV	240.286.2741	Huntingtown	

ASSISTED LIVING

CALVERT COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Hermitage at St. John's Creek, The	410.326.0070	Solomons	

CHARLES COUNTY

Angel Assisted Living	301.577.2999	Waldorf	
Angels Heart Homes I - V	240.270.7500	Waldorf/Bryans Road	
Charleston Senior Living	240.270.7500	Waldorf	•
Fenwick Landing Senior Care Community	301.638.4100	Waldorf	•
Harmony at Waldorf	240.229.6101	Waldorf	•
Morningside House of St. Charles	301.645.2776	Waldorf	•
Sagepoint Gardens Assisted Living	301.934.0222	La Plata	•

ST. MARY'S COUNTY

Charlotte Hall Veterans Home	301.884.8171	Charlotte Hall	•
Discovery Commons at Wildewood	301.863.7110	California	•
Taylor Farm Assisted Living	301.769.3702	Bushwood	•

VIRGINIA

COMMUNITY	PHONE	CITY	MEMORY CARE
ALEXANDRIA			
Brandywine Living at Alexandria	703.940.3300	Alexandria	•
Elancé at Alexandria	703.845.5100	Alexandria	•
Goodwin House - Alexandria	703.578.7201	Alexandria	•
The Landing	571.577.6011	Alexandria	•
Paul Spring Community	703.768.0234	Alexandria	•
The Residences at Lynn House	703.379.6000	Alexandria	
Silverado Alexandria Memory Care	703.215.9110	Alexandria	•
Sunrise of Alexandria	703.212.9192	Alexandria	•
Sunrise of Old Town	703.236.1226	Alexandria	•
The View Alexandria	703.797.3844	Alexandria	

ARLINGTON COUNTY

Culpepper Garden	703.528.0162	Arlington	
Jefferson, The	703.516.9455	Arlington	
Mary Marshall Assisted Living	571.527.5000	Arlington	
Sunrise of Arlington	703.524.5300	Arlington	
Sunrise at Bluemont Park	703.536.1060	Arlington	
Vitality Living Arlington	703.294.6875	Arlington	•

FAIRFAX COUNTY

Aarondale Community	703.813.1800	Springfield	•
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ASSISTED LIVING

FAIRFAX COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Arbor Terrace Fairfax	703.810.3992	Chantilly	•
Arden Courts ProMedica Memory Care	703.256.0882	Annandale	•
Arden Courts ProMedica Memory Care	703.383.0060	Fairfax	•
Arleigh Burke Pavilion	703.506.6900	McLean	
Avalon House at Cawdor Court	301.656.8823	McLean	•
Avalon House at Dominion Crest	301.656.8823	McLean	•
Avalon House at Gerard Court	301.656.8823	Falls Church	•
Avalon House at High Street	301.656.8823	Falls Church	•
Avalon House at Laburnum Street	301.656.8823	McLean	•
Avalon House at Oakview Drive	301.656.8823	McLean	•
Avalon House at Woodacre Drive	301.656.8823	McLean	•
Avalon House at Gelston Circle	301.656.8823	McLean	•
Avalon House at Hardwood Lane	301.656.8823	McLean	•
Avalon House at Woodland Drive	301.656.8823	McLean	•
Beverly Assisted Living I & II	571.308.3793	Annandale	•
Braddock Glen	703.425.3535	Fairfax	
Brightview Fair Oaks	571.495.5907	Fairfax	•
Brightview Great Falls	703.759.2513	Great Falls	•
Brightview Innovation Center	571.786.5800	Herndon	•
Brightview Woodburn	703.462.9998	Annandale	•
Chesterbrook Residences	703.531.0781	Falls Church	
Cobbdale Assisted Living I & II	703.414.1850	Fairfax	
Crystal Gardens Assisted Living	703.642.5329	Alexandria	
Fairfax, The	703.799.1200	Fort Belvoir	•
Gardens Assisted Living, The	703.952.5476	Fairfax	•
Goodwin House - Bailey's Crossroads	703.820.1488	Falls Church	•
Great Falls Assisted Living	703.421.0690	Herndon	•
Greenbrier Assisted Living	571.253.1000	Vienna	•
Greenspring	844.377.4062	Springfield	•
Harmony at Chantilly	703.994.4561	Herndon	•
Harmony at Spring Hill	571.348.4970	Lorton	•
Heatherwood Community	703.425.1698	Burke	•
Hunters Woods at Trails Edge	703.429.1130	Reston	•
The Kensington - Falls Church	703.992.9868	Falls Church	•
The Kensington - Reston	571.494.8100	Reston	•
Labier Assisted Living - Macklin Court	703.362.2499	Alexandria	•
Labier Assisted Living - Westgate	703.362.2499	Mt Vernon	•
Larmax Homes at Lewinsville Rd (3 homes)	855.735.9900	McLean	•

ASSISTED LIVING

FAIRFAX COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Lincolnian	703.914.0330	Alexandria	
Millys Home	703.246.9809	Fairfax	•
Paragon Assisted Living - Falls Church	571.269.7794	Falls Church	
Paragon Assisted Living - McLean	571.269.7794	McLean	
Paul Spring Community	703.768.0234	Alexandria	•
The Providence Fairfax	571.396.0500	Fairfax	•
Rembrandt Assisted Living	703.712.7744	Falls Church	•
Renaissance Assisted Living	703.256.2525	Annandale	•
The Residence at Colvin Run	703.223.5226	Great Falls	•
Spring Hills Mt Vernon	703.780.7100	Alexandria	•
Stevenson Place	703.460.6200	Fairfax	
Sunrise at Fair Oaks	703.264.0506	Fairfax	•
Sunrise at Hunter Mill	703.255.1006	Oakton	•
Sunrise at Mt Vernon	703.780.8900	Alexandria	•
Sunrise at Reston Town Center	703.956.8930	Reston	•
Sunrise at Fairfax	703.635.2845	Fairfax	•
Sunrise at Falls Church	703.534.2700	Falls Church	•
Sunrise at McLean	703.734.1600	McLean	•
Sunrise at McLean Village	703.214.4419	McLean	
Sunrise at Springfield	703.922.6800	Springfield	•
Sunrise at Silas Burke House	703.250.1637	Burke	•
Sunrise at Vienna	703.468.8968	Vienna	
Sylvestery, The	703.970.2700	McLean	•
Tall Oaks Assisted Living	703.834.9800	Reston	•
Tilden Memory Care	703.828.7721	Alexandria	•
Tyson's Woods Assisted Living - Central Ave	703.846.0395	Vienna	•
Tyson's Woods Assisted Living - Electric Ave	703.846.0395	Vienna	•
Tyson's Woods Assisted Living - Greenbrier	703.846.0395	Vienna	•
Vienna Manor	703.403.7583	Vienna	•
Vienna Manor II	703.403.7583	Vienna	•
Vienna Manor III	703.403.7583	Oakton	•
Vienna Manor IV	703.403.7583	Fairfax	•
Vienna Manor V	703.403.7583	Vienna	•
Vinson Hall Retirement Community	703.538.3069	McLean	•
Virginian, The	703.385.9229	Fairfax	•

FAUQUIER COUNTY

Noble Senior Living at Warrenton	540.347.6000	Warrenton	•
Poet's Walk Warrenton	540.242.5236	Warrenton	•

ASSISTED LIVING

FAUQUIER COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
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Villa at Suffield Meadows, The	540.316.3800	Warrenton	•
White Springs Senior Living	540.422.0783	Warrenton	•

FREDERICKSBURG REGION

Cardinal Village Memory Care Community	540.898.1900	Fredericksburg	•
Charter Senior Living of Fredericksburg	540.373.8800	Fredericksburg	•
Commonwealth Senior Living at Fredericksburg	540.779.1124	Fredericksburg	
Commonwealth Senior Living at Stafford	540.779.1299	Stafford	•
Harmony at Falls Run	540.479.3788	Stafford	•
Greenfield of Spotsylvania	540.734.8200	Fredericksburg	•
Spring Arbor of Fredericksburg	540.548.2133	Fredericksburg	•

LOUDOUN COUNTY

Ashby Ponds	703.574.4555	Ashburn	•
Ashleigh at Lansdowne Community	703.828.9600	Lansdowne	•
Lansdowne Heights Memory Care Community	703.936.7300	Leesburg	•
Lovettsville Home Assisted Living	540.822.3824	Lovettsville	•
Meadow Glen of Leesburg	703.737.6149	Leesburg	
Morningside House of Leesburg	703.777.2777	Leesburg	
Pacifica Senior Living - Sterling	703.896.9590	Sterling	
Poet's Walk Leesburg	571.224.9516	Leesburg	•
Reflections - A Senior Living Community	703.777.1971	Leesburg	
Spring Arbor Of Leesburg	703.777.9300	Leesburg	•
Sunrise at Countryside	703.430.0681	Sterling	•
The Hillside House at Falcons Landing	703.404.5205	Potomac Falls	•
The Johnson Center at Falcons Landing	703.404.5205	Potomac Falls	
Tribute at One Loudoun	703.270.6498	Ashburn	•
The View Chantilly by Goodwin Living	703.578.1000	Chantilly	•
Waltonwood Ashburn	703.468.0423	Ashburn	•
West Falls Center at Falcons Landing	703.404.5205	Potomac Falls	

PRINCE WILLIAM COUNTY

Arbor Terrace Sudley Manor	703.392.9797	Manassas	•
Arbor Terrace Prince William Commons	703.721.8801	Woodbridge	•
Aspen Hill Assisted Living I - II	703.597.2627	Woodbridge	
Birmingham Green	703.257.0935	Manassas	
Brookdale Lake Ridge	703.680.0600	Woodbridge	•
Caton Merchant House	703.335.8350	Manassas	
English Meadows Prince William Campus	703.543.9650	Manassas	•
English Meadows Manassas Campus	844.750.9830	Manassas	•

ASSISTED LIVING

PRINCE WILLIAM COUNTY (continued)

COMMUNITY	PHONE	CITY	MEMORY CARE
Evermore Senior Living of Lake Ridge	703.249.9128	Woodbridge	•
Harper's Station	703.596.8153	Haymarket	•
Heritage Village	703.397.8016	Gainesville	•
Legacy Ridge	571.421.6966	Gainesville	•
Paramount Senior Living at Manassas	703.392.0102	Manassas	•
Potomac Place Assisted Living	703.494.3817	Woodbridge	•
The Wellington at Lake Manassas Community	703.468.2750	Gainesville	•
Tribute at the Glen	571.402.1870	Woodbridge	•
Westminster at Lake Ridge	703.496.5156	Lake Ridge	

SHENANDOAH REGION

Commonwealth Senior Living at Berryville	540.955.4557	Berryville	•
Commonwealth Senior Living at Front Royal	540.227.8956	Front Royal	•
Greenfield Reflections of Strasburg	540.465.5900	Strasburg	
Greenfield Reflections of Woodstock	540.459.2200	Strasburg	•
The Harbor at Renaissance	434.985.4481	Standardsville	•
Lavender Hills - Front Royal Campus	541.275.1403	Front Royal	•
Spring Arbor of Winchester	540.662.6883	Winchester	•
Village at Orchard Ridge, The	540.431.2801	Winchester	•

OTHER VIRGINIA

Glebe, The	540.591.2100	Daleville	•
Williamsburg Landing	757.565.6505	Williamsburg	•

DISTRICT OF COLUMBIA

COMMUNITY	PHONE	CITY	MEMORY CARE
Balfour Senior Living	202.935.5250	Washington	•
Chevy Chase House	202.686.5504	Washington	
Forest Hills of DC	202.966.7623	Washington	•
Forest Side Memory Care	202.966.7623	Washington	•
Grand Oaks Assisted Living Residence	202.349.3400	Washington	•
Ingleside at Rock Creek	202.407.9673	Washington	•
Knollwood	202.790.5609	Washington	•
Lisner-Lousie-Dickson-Hurt Home	202.966.6667	Washington	
Livingston Place at Southern Avenue	202.519.0982	Washington	
Maple Heights Senior Living	202.774.8553	Washington	•
Residences at Thomas Circle, The	202.810.0462	Washington	•
Sunrise on Connecticut Avenue	202.966.8020	Washington	•

ABOUT ERIC STEWART



Eric Stewart started his real estate career in 1987, and each year sells over a hundred homes in MD, VA, and D.C. He has completed more than 4,000 real estate transactions which has consistently placed him in the top 1% of REALTORS® in the nation.

Eric is from a family of doctors, which means he thinks like one. His greatest interest is centered on his clients, listening and prescribing a plan of action for each one.

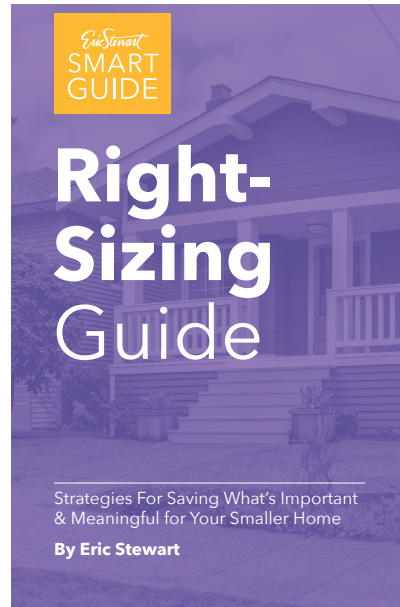
As a native of the suburbs of Washington, D.C., Eric has lived and worked in the metro area for over 50 years. Eric's core values are fairness, kindness, and fiduciary protection. As a Seniors Real Estate Specialist (SRES®), Eric's focus is on helping seniors in the downsizing process, or as he calls it, rightsizing your life. Eric provides seniors with the vision, motivation, and resources to make a move and tips on how to sell your home for top dollar.

Eric wakes up on Sunday mornings with his metropolitan listening audience who tunes in to his weekly radio show on WMAL 105.9 FM. With his personal candor, Eric dispenses timely information on the local real estate market and provides coaching on how to "rightsize" your life.

Many years in real estate have taught Eric that by utilizing a group approach, he can most effectively service his clients. REALTORS® are required to juggle over 119 tasks to sell a single home. Independent agents will eventually encounter the limits of time, energy, and money, restricting their ability to sell homes. But with the Eric Stewart Group, you get a whole team of real estate professionals working for you, resulting in properties sold fast and for maximum profit.

With his commitment to community development and social good, Eric is also the founder of Widow Care, a 501(c)3 nonprofit designed to provide connections to widows and widowers in distress. For more information on Widow Care, please visit www.WidowCare.org.

ERIC STEWART'S OTHER SMART GUIDES



To request additional copies of any of
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or call **800-900-9104.**

Eric Stewart
GROUP
of Long & Foster Real Estate